



HOTEL ★ ★ ★ ★
NADMORSKI | BUSINESS
POSITIVE

GENESIS
INSTITUT



SEASIDE ANTISTRESS



Come to the Nadmorski Hotel and spend the weekend full of relax, rest and regeneration.

You will get some rest at the seaside in the beautiful scenery of the Tri-City Landscape Park.

You will be delighted in our exquisite and traditional cuisine with with a healthy menu full of regional flavors and aromas. During the collagen ritual, Genesis Institute specialists

will help you fully relax and get rid of stress. The ability to use the gym, jacuzzi and sauna will have a positive impact on your body and well-being.

A 2-km promenade called Bulwar Nadmorski with numerous paths for cyclists, joggers, strollers and Nordic walkers are located in the direct vicinity of the hotel. This picturesque place will let you forget about everyday worries.

Let yourself regain your inner balance and replace stress with positive energy.

 2 PEOPLE IN A DOUBLE/TWIN STANDARD ROOM

1 180 pln

3 DAYS / 2 NIGHTS

 2 PEOPLE IN A DOUBLE/TWIN STANDARD ROOM

1 520 pln

4 DAYS / 3 NIGHTS

 2 PEOPLE IN A DOUBLE/TWIN STANDARD ROOM

2 190 pln

6 DAYS / 5 NIGHTS

THE PACKAGE INCLUDES:

COMFORTABLE:

- Accommodation in a STANDARD room - double/twin;
 - Breakfast includes organic and local products,
 - Dinner served à la carte in the Strefa Nadmorska Restaurant or buffet;
 - Wi-fi Internet access free of charge;
 - Parking at the hotel, underground garage for an additional fee;
 - It is possible to extend until 18.00 the hotel day on the day of departure*.
- * after prior determination and confirmation with the Reception:
+48 58 667 77 77

RELAX AND REGENERATION - GENESIS INSTITUTE:

■ RITUAL COLLAGEN PLEASURE

– antistress ritual that begins with a moisturizing collagen bath and an aromatic body scrub, ends with a relaxing massage with a collagen mist*.

* please book tretment at the Genesis Institute: +48 512 025 942

ACTIVITY AND RELAXATION:

- Free steam room, dry sauna and gym,
 - Free dry sauna and gym;
 - Renting of bicycles and Nordic Walking equipment free of charge*.
- * please make a reservation at the Genesis Institute: +48 512 025 942

ATTRACTIVE DISCOUNTS:

- 10% for the services offered by the Genesis Institute;
- 10% to buy Baltic Collagen® cosmetics;
- 20% off on meals served from the menu of the hotel Restaurant Strefa Nadmorska.

PARTNERSHIP PROGRAMME:

- 15% off on pools and saunas in Aquapark Sopot;
- 15% off on Kolibki Adventure Park in Gdynia;
- 15% off on games in the neighbouring Centrum U7 bowling alley;
- 10% at JUMPCITY trampoline;
- 10% at the MoST Tactical Shooting Range in Gdynia;
- 10% at the Shooting Range Sport TARCZA-GDYNIA;
- Ticket to the Cinema in Gdynia Film Center for the price of a DISCOUNTED TICKET

COME WITH THE KIDS

Children up to 5 can use accommodation in their parents's room - free of charge*

Children aged 5–12 – attractive discounts*,

* please contact us at: +48 58 667 77 77

WE ACCOMPLISH POLISH TOURIST VOUCHER

The ANTISTRESS WEEKEND offer is valid between Friday and Sunday the entire year*.**

For those Guests who decide to stay longer we have special offers, adapted to the dates and length of the stay, taking into account your needs and expectations. **Stay longer and pay less!**

* the hotel reserves the right to disable the offer on selected dates

** due to the epidemiological situation in the country, the hotel reserves the right to change the offer.

Please check availability via the website: nadmorski.pl or by sending an inquiry by e-mail or contacting by phone:

We are looking forward to seeing you!